

WEDNESDAY SCHEDULE – WILLIAMSPORT SUMMER CAMP

7:15 am	Wake up
7:15 – 7:40 am	Prepare for Dorm Inspection
7:45 am	Breakfast
8:30 – 8:40 am	Get ready for team workouts
8:45 – 8:55 am	Seniors report to Field #2/Juniors report to Field #4
8:55 – 11:00 am	Juniors – Position Specialty/Seniors – Speed work-out

**Juniors:**

**Cages** - Cubs, Pirates, Cardinals, White Sox, Indians

**Field 4/5/Practice Infield - Position Specialty** – Mets, Yankees, Dodgers, Mariners, Tigers

\*Campers will participate in Position Specialty. Campers get to choose to work on advanced skills in one of the following areas – Pitching, Outfield, Infield, or Catching.

**Seniors – Speed Workout with Maz (9:00-10:00)  
(10:00-11:00) Leads, Pick-offs, Baserunning**

\*STATIONS SWITCH AFTER WATER BREAK FOR JUNIORS AND SENIORS

11:00 am	End of Workout – Back to Camp - Extra Hitting/Recreation
11:45 am	End of Recreation
12:00 pm	Lunch
12:40 pm	Rest Period
1:20 pm	Get Ready for Games
1:30 pm	Report to Assigned Field for the Games
1:50 – 2:00 pm	Warm – up and Begin Games

**Juniors:**

Lamade: Mets vs. Cubs

Volunteer: Yankees vs. Cardinals

Field 4: Pirates vs. Tigers

Field 5: Indians vs. Dodgers

Rec C: Mariners vs. White Sox

**Seniors:**

Field 2: Reds vs. Astros

South Rec: Twins vs. A's

3:45 pm	End Games – Report to Camp for Recreation
4:30 pm	End of Recreation
4:45 pm	Supper
5:30 pm	Get Ready for Evening Games/Activities
5:40 pm	Report to Assigned Field/Location
5:50 pm	Warm – up and Begin Games

**Juniors:**

Volunteer: Mariners vs. Dodgers

Field 4: Indians vs. Mets

Field 5: Cubs vs. Pirates

Rec C: White Sox vs. Yankees

**Seniors:**

Volunteer: ALL SENIOR TEAMS  
(Easton Hit Lab)

**Night Game – Tigers vs. Cardinals – Recreation until 6:45 pm – then to canteen – then game**

7:45 pm	End Evening Games/Cages – Report for Canteen/Evening Recreation Begin Night Cages/Night Game on Field #5
9:15 pm	Camp Meeting
9:30 pm	End Night Game
9:40 pm	Team meeting
10:15 pm	Lights Out